



Cronograma Panamericano

Del 26 de Julio al 11 de Agosto

Athletics

Competition Schedule

From July 27 to August 11, 2019

Date	Sessions	Time	Event	Gender	Phase
Jul-27	S1: 08:30 - 12:30	08:30 - 11:20	Marathon	Men	Final
		09:30 - 12:30	Marathon	Women	Final
Aug-4	S1: 08:00 - 13:00	08:00 - 10:30	20 km Race Walk	Women	Final
		10:30 - 13:00	20 km Race Walk	Men	Final
Aug-6	S1: 14:00 - 20:00	14:00	100 m	Men	Decathlon 1
		14:40	Length	Men	Decathlon 2
		15:00	100 m	Women	1R
		15:30	Hammer	Women	FINAL
		15:40	100 m	Men	1R
		16:10	Shot put	Men	Decathlon 3
		16:20	400 m hurdles	Women	SF
		16:50	400m hurdles	Men	SF
		17:20	Height	Men	Decathlon 4
		17:20	800 m	Women	SF
		17:30	Pole Vault	Women	Final
		17:50	10.000 m	Women	Final
		18:35	100 m	Women	SF
		18:35	Discus	Women	FINAL
		18:55	100 m	Men	SF
		19:15	5.000 m	Men	FINAL
19:40	400 m	Men	Decathlon 5		
Aug-7	S1: 14:15 - 20:00	14:00	110 m hurdles	Men	Decathlon 6
		14:25	100 m hurdles	Women	Heptathlon 1
		14:40	Discus	Men	Decathlon 7
		14:50	Height	Women	Heptathlon 2
		15:10	Pole Vault	Men	Decathlon 8
		15:20	100 m hurdles	Women	SF
		15:50	400 m	Women	SF
		16:00	Shot put	Women	Heptathlon 3
		16:10	400 m	Men	SF
		16:40	800 m	Women	FINAL
		17:20	Length	Men	FINAL
		17:40	Javelin	Men	Decathlon 9
		18:00	100 m	Women	FINAL
		18:30	Shot put	Men	FINAL
		18:50	100 m	Men	FINAL
		19:30	200 m	Women	Heptathlon 4
19:55	1500 m	Men	Decathlon 10		
		15:00	Hammer	Men	FINAL

Aug-8	S1: 14:00 - 20:00	15:00	200 m	Women	1R
		15:35	200 m	Men	1R
		15:55	Length	Women	Heptathlon 5
		16:15	100 m hurdles	Women	Final
		14:00	200 m	Women	SF
		14:50	200 m	Men	SF
		15:00	1.500 m	Men	FINAL
		15:00	Length	Women	FINAL
		15:35	Javelin	Women	Heptathlon 6
		16:00	Height	Women	FINAL
		16:15	400 m	Women	FINAL
		16:30	400 m	Men	FINAL
		17:00	400 m hurdles	Women	FINAL
		17:30	400 m hurdles	Men	FINAL
		17:30	800 m	Women	Heptathlon 7
		17:50	4 x 100 m	Women	SF
		18:05	4 x 100 m	Men	SF
		Aug-9	S1: 14:45 - 20:00	14:45	4 x 400 m
14:55	4 x 400 m			Men	SF
15:00	110 m hurdles			Men	SF
15:15	Triple Jump			Women	FINAL
15:50	800 m			Men	SF
16:20	200 m			Women	Final
16:20	Shot put			Women	FINAL
16:30	200 m			Men	FINAL
16:50	10.000 m			Men	FINAL
17:35	1500 m			Women	FINAL
18:00	Javelin			Women	FINAL
18:10	Height			Men	FINAL
18:20	5.000 m			Women	FINAL
19:15	4 x 100 m			Women	FINAL
19:40	4 x 100 m	Men	FINAL		
Aug-10	S1: 14:00 - 20:00	14:00	Pole Vault	Men	FINAL
		15:30	Discus	Men	FINAL
		16:30	110 m hurdles	Men	FINAL
		16:45	800 m	Men	FINAL
		17:10	3.000 m steeplechase	Women	FINAL
		17:35	Triple	Men	FINAL
		17:40	3.000 m steeplechase	Men	FINAL
		18:00	Javelin	Men	FINAL
		19:00	4x400 m	Women	FINAL
19:25	4x400 m	Men	FINAL		
Aug-11	S1:07:00 - 12:50	7:00	50 km Race Walk	W/M	FINAL
		12:30 - 12: 50	Medal ceremony	W/M	FINAL