

KANSAS



CROSS COUNTRY

2007 STATISTICS

2007 KANSAS CROSS COUNTRY RESULTS

BOB TIMMONS INVITATIONAL

Sept. 1 ~ Lawrence, Kan.

Men: 1st of 13 ~ 8K

Women: 1st of 12 ~ 6K

(Men's Results)

| <u>Individual Finishers</u> | <u>Place</u> | <u>Time</u> |
|-----------------------------|--------------|-------------|
| Colby Wissel | 1st | 25:49.97 |
| Paul Hefferon | 2nd | 25:50.59 |
| Bret Imgrund | 10th | 26:50.97 |
| Nick Caprario | 17th | 27:20.48 |
| Dan Van Orsdel | 22nd | 27:32.22 |
| Patrick McGowan | 36th | 28:02.43 |
| Alex Rock | 56th | 28:34.9 |
| Jason Schweitzer | 62nd | 28:47.14 |
| Chris Kuhman (UA) | 72nd | 29:11.22 |
| Ryan Weber (UA) | 75th | 29:14.60 |
| Victor Chesang | 77th | 29:19.01 |
| Levi Huseman | 93rd | 29:45.99 |
| Clint Armistead (UA) | 94th | 29:46.99 |
| Clay Schneider (UA) | 106th | 30:19.24 |

(Women's Results)

| <u>Individual Finishers</u> | <u>Place</u> | <u>Time</u> |
|-----------------------------|--------------|-------------|
| Lauren Bonds | 3rd | 22:52.40 |
| Alicia McGregor | 8th | 23:23.89 |
| Lisa Morrisey | 13th | 23:49.91 |
| Amanda Miller | 14th | 23:55.36 |
| Hayley Harbert | 15th | 24:02.13 |
| Allison Knoll | 18th | 24:18.93 |
| Megan James | 25th | 24:31.78 |
| Riley Wertenberger | 28th | 24:48.65 |
| Cassi Sokol | 37th | 25:12.24 |
| Claire Hall | 39th | 25:22.98 |
| Kaitlyn Coen | 43rd | 25:36.32 |

KANSAS STATE/KANSAS DUEL

Sept. 7 ~ Manhattan, Kan.

Men: 1st of 2 ~ 5K

Women: 2nd of 2 ~ 5K

(Men's Results)

| <u>Individual Finishers</u> | <u>Place</u> | <u>Time</u> |
|-----------------------------|--------------|-------------|
| Colby Wissel | 1st | 15:07.6 |
| Bret Imgrund | 2nd | 15:42.2 |
| Patrick McGowan | 5th | 15:57.5 |
| Nick Caprario | 6th | 16:02.3 |
| Jason Schweitzer | 7th | 16:19.7 |
| Dan Van Orsdel | 8th | 16:27.2 |
| Alex Rock | 10th | 16:47.3 |
| Chris Kuhman (UA) | 12th | 16:58.7 |
| Levi Huseman | 13th | 17:10.1 |
| Clay Schneider (UA) | 14th | 17:21.9 |
| Clint Armistead (UA) | 15th | 17:26.4 |
| Victor Chesang | 16th | 17:39.6 |
| Ryan Weber (UA) | 17th | 17:57.3 |

(Women's Results)

| <u>Individual Finishers</u> | <u>Place</u> | <u>Time</u> |
|-----------------------------|--------------|-------------|
| Alicia McGregor | 3rd | 19:09.8 |
| Lisa Morrisey | 4th | 19:34.7 |
| Hayley Harbert | 7th | 19:40.1 |
| Amanda Miller | 10th | 19:55.8 |
| Allison Knoll | 11th | 20:03.9 |
| Megan James | 13th | 20:08.8 |
| Riley Wertenberger | 14th | 20:57.2 |
| Claire Hall | 16th | 21:16.2 |
| Melissa Arnold | 18th | 22:57.8 |

ROY GRIAK INVITATIONAL

Sept. 29 ~ Falcon Heights, Minn.

Men: 13th of 22 ~ 8K

Women: 16th of 26 ~ 6K

(Men's Results)

| <u>Individual Finishers</u> | <u>Place</u> | <u>Time</u> |
|-----------------------------|--------------|-------------|
| Colby Wissel | 7th | 24:42 |
| Paul Hefferon | 18th | 24:54.9 |
| Bret Imgrund | 82nd | 26:08.8 |
| Nick Caprario | 102nd | 26:35 |
| Dan Van Orsdel | 106th | 26:42 |
| Jason Schweitzer | 121st | 27:00.2 |
| Patrick McGowan | 148th | 28:17.4 |
| Alex Rock | 196th | 28:51.7 |
| Levi Huseman | 202nd | 29:28.4 |

(Women's Results)

| <u>Individual Finishers</u> | <u>Place</u> | <u>Time</u> |
|-----------------------------|--------------|-------------|
| Lauren Bonds | 57th | 22:47 |
| Hayley Harbert | 87th | 23:27.7 |
| Alicia McGregor | 94th | 23:34.1 |
| Lisa Morrisey | 102nd | 23:44.9 |
| Allison Knoll | 110th | 23:56.9 |
| Amanda Miller | 122nd | 24:09.1 |
| Megan James | 127th | 24:13.2 |
| Cassi Sokol | 178th | 24:49.9 |
| Kellie Schneider | 200th | 25:14.4 |
| Claire Hall | 233rd | 26:10.2 |
| Kaitlyn Coen | 236th | 26:12.8 |

2007 KANSAS CROSS COUNTRY RESULTS

NCAA PRE-NATIONALS

Oct. 13 ~ Terre Haute, Ind.
Men: 25th of 40 ~ 8K
Women: Open Division ~ 6K

BIG 12 CHAMPIONSHIPS

Oct. 26 ~ Lubbock, Texas
Men: 7th of 12 ~ 8K
Women: 11th of 12 ~ 6K

MIDWEST REGIONAL

Nov. 10 ~ Peoria, Ill.
Men: 10th of 23 ~ 10K
Women: 12th of 25 ~ 6K

(Men's Results)

| <u>Individual Finishers</u> | <u>Place</u> | <u>Time</u> |
|-----------------------------|--------------|-------------|
| Colby Wissel | 25th | 23:47.9 |
| Paul Hefferon | 55th | 24:06.4 |
| Bret Imgrund | 160th | 25:02.7 |
| Nick Caprario | 199th | 25:29.7 |
| Jason Schweitzer | 210th | 25:36.7 |
| Patrick McGowan | 213th | 25:37.5 |
| Dan Van Orsdel | 218th | 25:40.4 |

(Men's Results)

| <u>Individual Finishers</u> | <u>Place</u> | <u>Time</u> |
|-----------------------------|--------------|-------------|
| Colby Wissel | 5th | 24:51.05 |
| Paul Hefferon | 21st | 25:28.54 |
| Bret Imgrund | 41st | 26:08.2 |
| Dan Van Orsdel | 61st | 26:45.85 |
| Patrick McGowan | 70th | 27:09.04 |
| Nick Caprario | 72nd | 27:16.39 |
| Jason Schweitzer | 76th | 27:49.94 |

(Men's Results)

| <u>Individual Finishers</u> | <u>Place</u> | <u>Time</u> |
|-----------------------------|--------------|-------------|
| Colby Wissel | 5th | 30:11 |
| Paul Hefferon | 20th | 30:40 |
| Dan Van Orsdel | 71st | 32:11 |
| Patrick McGowan | 76th | 32:25 |
| Nick Caprario | 85th | 32:36 |
| Jason Schweitzer | 96th | 32:56 |
| Bret Imgrund | 140th | 34:39 |

(Men's Open Division Results)

| <u>Individual Finishers</u> | <u>Place</u> | <u>Time</u> |
|-----------------------------|--------------|-------------|
| Levi Huseman | 101st | 26:28.8 |
| Victor Chesang | 123rd | 27:01.8 |
| Alex Rock | 135th | 27:40.1 |

(Women's Results)

| <u>Individual Finishers</u> | <u>Place</u> | <u>Time</u> |
|-----------------------------|--------------|-------------|
| Lauren Bonds | 30th | 22:04.3 |
| Alicia McGregor | 41st | 22:12.05 |
| Haley Harbert | 48th | 22:23.6 |
| Amanda Miller | 60th | 22:50.75 |
| Allison Knoll | 75th | 23:23.4 |
| Lisa Morrissey | 76th | 23:23.5 |
| Megan James | 81st | 23:42.75 |
| Riley Wertemberger | 93rd | 24:14.6 |
| Kellie Schneider | 97th | 24:35.1 |

(Women's Results)

| <u>Individual Finishers</u> | <u>Place</u> | <u>Time</u> |
|-----------------------------|--------------|-------------|
| Lauren Bonds | 25th | 21:05 |
| Haley Harbert | 55th | 21:44 |
| Alicia McGregor | 70th | 21:56 |
| Lisa Morrissey | 80th | 22:05 |
| Amanda Miller | 96th | 22:23 |
| Allison Knoll | 100th | 22:25 |
| Megan James | 112th | 22:39 |

(Women's Open Division Results)

| <u>Individual Finishers</u> | <u>Place</u> | <u>Time</u> |
|-----------------------------|--------------|-------------|
| Lauren Bonds | 9th | 21:47 |
| Alicia McGregor | 19th | 22:02.2 |
| Haley Harbert | 27th | 22:11.5 |
| Lisa Morrissey | 35th | 22:25.1 |
| Amanda Miller | 38th | 22:27.9 |
| Allison Knoll | 61st | 23:00.8 |
| Megan James | 63rd | 23:03.1 |
| Kellie Schneider | 76th | 23:24.5 |
| Riley Wertemberger | 91st | 23:55.9 |
| Cassi Sokol | 99th | 24:22.8 |
| Claire Hall | 107th | 24:48.6 |
| Kaitlyn Coen | 115th | 25:29 |

NCAA CHAMPIONSHIPS

Nov. 19 ~ Terre Haute, Ind. ~ 10K

Results

| <u>Individual Finishers</u> | <u>Place</u> | <u>Time</u> |
|-----------------------------|--------------|-------------|
| Colby Wissel | 39th | 30:36.1 |

2006 RESULTS

BOB TIMMONS INVITATIONAL

Sept. 2 ~ Lawrence, Kan.

Men: 1st of 10 ~ 8K

Women: 1st of 9 ~ 6K

(Men's Results)

| Individual Finishers | Place | Time |
|----------------------|-------|----------|
| Paul Hefferon | 1st | 25:38.95 |
| Colby Wissel | 2nd | 25:39.19 |
| Erik Sloan | 4th | 26:16.99 |
| Patrick McGowan | 9th | 26:39.26 |
| Tyler Kelly | 10th | 26:41.61 |
| Victor Chesang | 32nd | 28:01.35 |
| Adrian Ludwig | 33rd | 28:05.31 |
| Levi Huseman | 41st | 28:40.68 |

(Women's Results)

| Individual Finishers | Place | Time |
|----------------------|-------|----------|
| Melissa O'Rourke | 6th | 23:14.51 |
| Laura Major | 12th | 23:23.95 |
| Lisa Morrissey | 15th | 23:37.26 |
| Alicia McGregor | 17th | 23:54.48 |
| Hayley Harbert | 19th | 24:32.07 |
| Melissa Moody | 22nd | 24:41.23 |
| Megan James | 24th | 24:51.08 |
| Bridget Moran | 31st | 25:15.25 |

NCAA PRE-NATIONALS

Oct. 14 ~ Terre Haute, Ind.

Men: 6th of 36 ~ 8K

Women: 2nd of 13 ~ 6K

(Men's Results)

| Individual Finishers | Place | Time |
|----------------------|-------|---------|
| Paul Hefferon | 13th | 23:50.0 |
| Colby Wissel | 14th | 23:52.1 |
| Benson Chesang | 30th | 24:09.1 |
| Erik Sloan | 101st | 24:51.6 |
| Matt French | 121st | 25:00.4 |
| Patrick McGowan | 137th | 25:08.6 |
| Tyler Kelly | 170th | 25:26.7 |

(Women's Results-Open Division)

| Individual Finishers | Place | Time |
|----------------------|-------|---------|
| Lisa Morrissey | 20th | 21:59.1 |
| Alicia McGregor | 41st | 22:20.0 |
| Kellie Schneider | 85th | 22:45.2 |
| Lauren Bonds | 90th | 22:49.0 |
| Melissa Moody | 94th | 22:52.3 |
| Hayley Harbert | 100th | 22:53.8 |
| Melissa O'Rourke | 101st | 22:53.9 |
| Cassi Sokol | 107th | 22:56.6 |
| Alison Knoll | 118th | 23:05.1 |
| Megan James | 130th | 23:15.9 |
| Sara Nackley | 183rd | 24:00.6 |

KSU WILDCAT INVITATIONAL

Sept. 8 ~ Manhattan, Kan.

Men: 1st of 2 ~ 5K

Women: 1st of 2 ~ 5K

(Men's Results)

| Individual Finishers | Place | Time |
|----------------------|-------|---------|
| Colby Wissel | 1st | 14:57.2 |
| Patrick McGowan | 2nd | 15:30.3 |
| Bret Imgrund | 3rd | 15:42.6 |
| Victor Chesang | 9th | 16:16.0 |
| Adrian Ludwig | 10th | 16:24.4 |
| Levi Huseman | 13th | 16:37.5 |

(Women's Results)

| Individual Finishers | Place | Time |
|----------------------|-------|---------|
| Alicia McGregor | 3rd | 18:50.2 |
| Lisa Morrissey | 4th | 18:58.6 |
| Melissa Moody | 6th | 19:44.1 |
| Hayley Harbert | 7th | 19:46.5 |
| Megan James | 10th | 19:56.0 |
| Bridget Moran | 11th | 20:16.1 |

BIG 12 CHAMPIONSHIPS

Oct. 27 ~ Lawrence, Kan.

Men: 3rd of 12 ~ 8k

Women: 11th of 12 ~ 6k

(Men's Results)

| Individual Finishers | Place | Time |
|----------------------|-------|---------|
| Colby Wissel | 1st | 24:34.4 |
| Paul Hefferon | 4th | 24:41.1 |
| Benson Chesang | 12th | 24:57.1 |
| Matt French | 33rd | 25:40.7 |
| Tyler Kelly | 34th | 25:42.6 |
| Bret Imgrund | 51st | 26:04.9 |
| Patrick McGowan | 56th | 26:10.2 |
| Erik Sloan | 61st | 26:21.7 |
| Victor Chesang | 63rd | 26:25.3 |

(Women's Results)

| Individual Finishers | Place | Time |
|----------------------|-------|---------|
| Lisa Morrissey | 45th | 22:48.9 |
| Alicia McGregor | 57th | 23:13.8 |
| Lauren Bonds | 58th | 23:17.6 |
| Melissa O'Rourke | 68th | 23:33.6 |
| Melissa Moody | 71st | 23:40.3 |
| Hayley Harbert | 74th | 23:48.3 |
| Kellie Schneider | 77th | 23:56.5 |
| Cassi Sokol | 78th | 23:58.2 |
| Laura Major | 89th | 24:39.5 |

NCAA CHAMPIONSHIPS

Nov. 20 ~ Terre Haute, Ind.

Men: 20th of 31 ~ 10K

(Men's Results)

| Individual Finishers | Place | Time |
|----------------------|-------|---------|
| Colby Wissel | 26th | 31:34.3 |
| Paul Hefferon | 42nd | 31:47.7 |
| Erik Sloan | 164th | 33:12.1 |
| Matt French | 188th | 33:35.6 |
| Patrick McGowan | 230th | 34:20.0 |

ROY GRIAK INVITATIONAL

Sept. 23 ~ Minneapolis, Minn.

Men: 9th of 34 ~ 8K

Women: 23rd of 31 ~ 6K

(Men's Results)

| Individual Finishers | Place | Time |
|----------------------|-------|---------|
| Colby Wissel | 10th | 24:53.8 |
| Paul Hefferon | 16th | 25:04.7 |
| Benson Chesang | 44th | 25:44.2 |
| Erik Sloan | 109th | 26:19.7 |
| Tyler Kelly | 135th | 26:30.7 |
| Victor Chesang | 196th | 27:08.1 |
| Patrick McGowan | 223rd | 27:30.1 |
| Bret Imgrund | 263rd | 28:11.2 |
| Adrian Ludwig | 264th | 28:12.6 |

(Women's Results)

| Individual Finishers | Place | Time |
|----------------------|-------|---------|
| Lisa Morrissey | 100th | 23:16.1 |
| Melissa O'Rourke | 114th | 23:31.0 |
| Alicia McGregor | 121st | 23:34.4 |
| Lauren Bonds | 143rd | 23:49.3 |
| Kellie Schneider | 157th | 23:58.3 |
| Hayley Harbert | 164th | 24:05.8 |
| Laura Major | 182nd | 24:22.3 |
| Megan James | 198th | 24:34.8 |
| Cassi Sokol | 200th | 24:37.6 |
| Melissa Moody | 213th | 24:50.3 |
| Bridget Moran | 243rd | 25:13.2 |

NCAA MIDWEST REGIONALS

Nov. 11 ~ Minneapolis, Minn.

Men: 2nd of 21 ~ 10k

Women: 12th of 23 ~ 6k


(Men's Results)

| Individual Finishers | Place | Time |
|----------------------|-------|---------|
| Colby Wissel | 8th | 30:59.5 |
| Paul Hefferon | 10th | 31:02.3 |
| Benson Chesang | 14th | 31:18.3 |
| Erik Sloan | 24th | 31:33.6 |
| Matt French | 32nd | 31:56.6 |
| Patrick McGowan | 62nd | 32:46.4 |
| Tyler Kelly | 93rd | 33:49.9 |

(Women's Results)


| Individual Finishers | Place | Time |
|----------------------|-------|---------|
| Lisa Morrissey | 60th | 22:42.9 |
| Melissa O'Rourke | 61st | 22:45.4 |
| Kellie Schneider | 74th | 23:00.2 |
| Alicia McGregor | 80th | 23:06.5 |
| Lauren Bonds | 84th | 23:12.6 |
| Hayley Harbert | 103rd | 23:42.0 |
| Melissa Moody | 132nd | 24:21.2 |

2007 MEN'S STATISTICS



Clint Armistead
5-10 Freshman
Overland Park, Kan.
(Blue Valley Northwest)

| MEET | TEAM FINISH | OVERALL FINISH | TIME |
|--------------------------|-------------|----------------|-----------|
| Bob Timmons Invitational | UA | 94th | *29:46.99 |
| KSU Wildcat Invitational | UA | 15th | *17:26.4 |
| Roy Griak Invitational | DNC | | |
| NCAA Pre-Nationals | DNC | | |
| Big 12 Championships | DNC | | |
| Midwest Regionals | DNC | | |




Nick Caprario
5-11 Freshman
Kearney, Kan.
(Kearney)

| MEET | TEAM FINISH | OVERALL FINISH | TIME |
|--------------------------|-------------|----------------|----------|
| Bob Timmons Invitational | 4th | 17th | 27:20.48 |
| KSU Wildcat Invitational | 4th | 6th | *16:02.3 |
| Roy Griak Invitational | 4th | 102nd | 26:35 |
| NCAA Pre-Nationals | 4th | 199th | *25:29.7 |
| Big 12 Championships | 6th | 72nd | 27:16.39 |
| Midwest Regionals | 5th | 85th | *32:36 |




Victor Chesang
5-10 Junior
Nairobi, Kenya
(Sacho)

| MEET | TEAM FINISH | OVERALL FINISH | TIME |
|--------------------------|-------------|----------------|----------|
| Bob Timmons Invitational | 9th | 77th | 29:19.01 |
| KSU Wildcat Invitational | 9th | 16th | 17:36.9 |
| Roy Griak Invitational | DNC | | |
| NCAA Pre-Nationals | OD | 123rd | 27:01.8 |
| Big 12 Championships | DNC | | |
| Midwest Regionals | DNC | | |



Paul Hefferon
6-0 Senior
Overland Park, Kan.
(Blue Valley West)

| MEET | TEAM FINISH | OVERALL FINISH | TIME |
|--------------------------|-------------|----------------|----------|
| Bob Timmons Invitational | 2nd | 2nd | 25:50.59 |
| KSU Wildcat Invitational | DNC | | |
| Roy Griak Invitational | 2nd | 18th | 24:54.9 |
| NCAA Pre-Nationals | 2nd | 55th | 24:06.4 |
| Big 12 Championships | 2nd | 21st | 25:28.54 |
| Midwest Regionals | 2nd | 20th | *30:40 |



Levi Huseman
5-11 Junior
Tonganoxie, Kan.
(Tonganoxie)


| MEET | TEAM FINISH | OVERALL FINISH | TIME |
|--------------------------|-------------|----------------|----------|
| Bob Timmons Invitational | 10th | 93rd | 29:45.99 |
| KSU Wildcat Invitational | 8th | 13th | 17:10.1 |
| Roy Griak Invitational | 9th | 202nd | 29:28.4 |
| NCAA Pre-Nationals | OD | 101st | *26:28.8 |
| Big 12 Championships | DNC | | |
| Midwest Regionals | DNC | | |



Brett Imgrund
6-0 Sophomore
Shawnee, Kan.
(Shawnee Mission North)


| MEET | TEAM FINISH | OVERALL FINISH | TIME |
|--------------------------|-------------|----------------|----------|
| Bob Timmons Invitational | 3rd | 10th | 26:50.97 |
| KSU Wildcat Invitational | 2nd | 2nd | *15:42.2 |
| Roy Griak Invitational | 3rd | 82nd | 26:08.8 |
| NCAA Pre-Nationals | 3rd | 160th | *25:02.7 |
| Big 12 Championships | 3rd | 41st | 26:08.2 |
| Midwest Regionals | 7th | 140th | 34:39 |

2007 MEN'S STATISTICS




**Chris
Kuhman**
5-7 Freshman
Cleveland, Ohio
(Elyria Catholic)

| MEET | TEAM OVERALL | | TIME |
|--------------------------|--------------|--------|-----------|
| | FINISH | FINISH | |
| Bob Timmons Invitational | UA | 72nd | *29:11.22 |
| KSU Wildcat Invitational | UA | 12th | *16:58.7 |
| Roy Griak Invitational | DNC | | |
| NCAA Pre-Nationals | DNC | | |
| Big 12 Championships | DNC | | |
| Midwest Regionals | DNC | | |




**Patrick
McGowan**
6-0 Senior
Springdale, Ark.
(Springdale)

| MEET | TEAM OVERALL | | TIME |
|--------------------------|--------------|--------|----------|
| | FINISH | FINISH | |
| Bob Timmons Invitational | 6th | 36th | 28:02.43 |
| KSU Wildcat Invitational | 3rd | 5th | 15:57.5 |
| Roy Griak Invitational | 7th | 148th | 28:17.4 |
| NCAA Pre-Nationals | 6th | 213th | 25:37.5 |
| Big 12 Championships | 5th | 70th | 27:09.04 |
| Midwest Regionals | 4th | 79th | *32:25 |




**Alex
Rock**
6-3 Freshman
Lawrence, Kan.
(Free State)

| MEET | TEAM OVERALL | | TIME |
|--------------------------|--------------|--------|----------|
| | FINISH | FINISH | |
| Bob Timmons Invitational | 7th | 56th | 28:34.90 |
| KSU Wildcat Invitational | 7th | 10th | *16:47.3 |
| Roy Griak Invitational | 8th | 196th | 28:51.7 |
| NCAA Pre-Nationals | OD | 135th | *27:40.1 |
| Big 12 Championships | DNC | | |
| Midwest Regionals | DNC | | |




**Clay
Schneider**
6-3 Freshman
Topeka, Kan.
(Seaman)

| MEET | TEAM OVERALL | | TIME |
|--------------------------|--------------|--------|-----------|
| | FINISH | FINISH | |
| Bob Timmons Invitational | UA | 107th | *30:19.24 |
| KSU Wildcat Invitational | UA | 14th | *17:21.9 |
| Roy Griak Invitational | DNC | | |
| NCAA Pre-Nationals | DNC | | |
| Big 12 Championships | DNC | | |
| Midwest Regionals | DNC | | |



**Jason
Schweitzer**
5-6 Senior (RS)
Houston, Texas
(Cypress-Fairbanks/Tulsa)

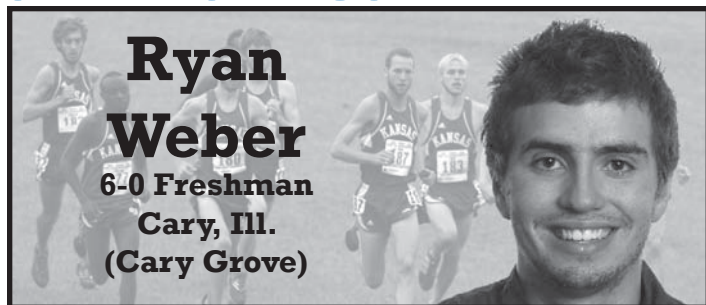
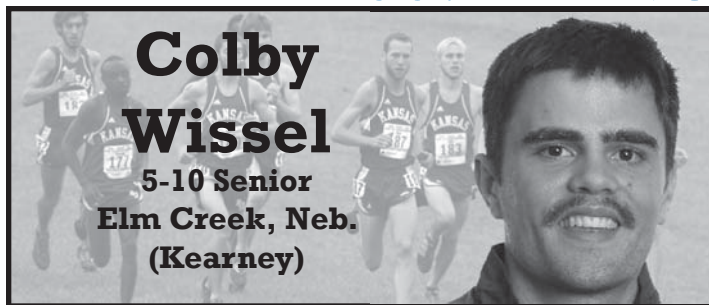
| MEET | TEAM OVERALL | | TIME |
|--------------------------|--------------|--------|----------|
| | FINISH | FINISH | |
| Bob Timmons Invitational | 8th | 62nd | 28:47.14 |
| KSU Wildcat Invitational | 5th | 7th | *16:19.7 |
| Roy Griak Invitational | 6th | 121st | 27:00.2 |
| NCAA Pre-Nationals | 5th | 210th | 25:36.7 |
| Big 12 Championships | 7th | 76th | 27:49.94 |
| Midwest Regionals | 6th | 96th | 32:56 |



**Dan
Van Orsdel**
6-0 Sophomore
Minnetoka, Minn.
(Hopkins)

| MEET | TEAM OVERALL | | TIME |
|--------------------------|--------------|--------|----------|
| | FINISH | FINISH | |
| Bob Timmons Invitational | 5th | 22nd | 27:32.22 |
| KSU Wildcat Invitational | 6th | 8th | *16:27.2 |
| Roy Griak Invitational | 5th | 106th | 26:42 |
| NCAA Pre-Nationals | 7th | 218th | *25:40.4 |
| Big 12 Championships | 4th | 61st | 26:45.85 |
| Midwest Regionals | 3rd | 71st | *32:11 |

2007 MEN'S STATISTICS



| MEET | TEAM FINISH | OVERALL FINISH | TIME |
|--------------------------|-------------|----------------|----------|
| Bob Timmons Invitational | 1st | 1st | 25:49.97 |
| KSU Wildcat Invitational | 1st | 1st | 15:07.6 |
| Roy Griak Invitational | 1st | 7th | 24:42 |
| NCAA Pre-Nationals | 1st | 25th | *23:47.9 |
| Big 12 Championships | 1st | 5th | 24:51.05 |
| Midwest Regionals | 1st | 5th | *30:11 |
| NCAA Championships | --- | 39th | 30:36.1 |

| MEET | TEAM FINISH | OVERALL FINISH | TIME |
|--------------------------|-------------|----------------|-----------|
| Bob Timmons Invitational | UA | 75th | *25:50.59 |
| KSU Wildcat Invitational | UA | 17th | *17:57.3 |
| Roy Griak Invitational | DNC | | |
| NCAA Pre-Nationals | DNC | | |
| Big 12 Championships | DNC | | |
| Midwest Regionals | DNC | | |

| LEGEND: | | |
|--------------------------|-----------------|---------------------------|
| <i>Event</i> | <i>Distance</i> | <i>Total Participants</i> |
| Bob Timmons Invitational | 8K | 152 |
| KSU Wildcat Invitational | 5K | 19 |
| Roy Griak Invitational | 8K | 211 |
| NCAA Pre-Nationals | 8K | 273 |
| Big 12 Championships | 8K | 100 |
| Midwest Regionals | 10K | 155 |
| NCAA Championships | 10K | 250 |

* = career best at that distance
 UA = ran unattached
 DNC = did not compete
 OD = competed in open division

2007 WOMEN'S STATISTICS

**Melissa
Arnold**
5-5 Sophomore
Mundelein, Ill.
(Mundelein)



| MEET | TEAM OVERALL | | TIME |
|--------------------------|--------------|--------|----------|
| | FINISH | FINISH | |
| Bob Timmons Invitational | DNC | | |
| KSU Wildcat Invitational | UA | 18th | *22:57.8 |
| Roy Griak Invitational | DNC | | |
| NCAA Pre-Nationals | DNC | | |
| Big 12 Championships | DNC | | |
| Midwest Regionals | DNC | | |

**Lauren
Bonds**
5-8 Sophomore
Hutchinson, Kan.
(Hutchinson)



| MEET | TEAM OVERALL | | TIME |
|--------------------------|--------------|--------|----------|
| | FINISH | FINISH | |
| Bob Timmons Invitational | 1st | 3rd | 22:52.40 |
| KSU Wildcat Invitational | DNC | | |
| Roy Griak Invitational | 1st | 64th | 22:47 |
| NCAA Pre-Nationals | 1st | 9th | *21:47 |
| Big 12 Championships | 1st | 30th | 22:04.3 |
| Midwest Regionals | 1st | 25th | *21:05 |

**Kaitlyn
Coen**
5-8 Sophomore
Hays, Kan.
(Hays)



| MEET | TEAM OVERALL | | TIME |
|--------------------------|--------------|--------|----------|
| | FINISH | FINISH | |
| Bob Timmons Invitational | 11th | 43rd | 25:36.32 |
| KSU Wildcat Invitational | DNC | | |
| Roy Griak Invitational | 11th | 236th | 26:12.8 |
| NCAA Pre-Nationals | 12th | 115th | *25:29 |
| Big 12 Championships | DNC | | |
| Midwest Regionals | DNC | | |

**Claire
Hall**
6-0 Sophomore
Iowa City, Iowa
(West)



| MEET | TEAM OVERALL | | TIME |
|--------------------------|--------------|--------|----------|
| | FINISH | FINISH | |
| Bob Timmons Invitational | 10th | 39th | 25:22.98 |
| KSU Wildcat Invitational | 8th | 16th | *21:16.2 |
| Roy Griak Invitational | 10th | 233rd | 26:10.2 |
| NCAA Pre-Nationals | 11th | 107th | *24:48.6 |
| Big 12 Championships | DNC | | |
| Midwest Regionals | DNC | | |

**Hayley
Harbert**
5-6 Senior
Shawnee, Kan.
(Shawnee Mission
Northwest)



| MEET | TEAM OVERALL | | TIME |
|--------------------------|--------------|--------|----------|
| | FINISH | FINISH | |
| Bob Timmons Invitational | 5th | 15th | 24:02.13 |
| KSU Wildcat Invitational | 3rd | 7th | *19:40.1 |
| Roy Griak Invitational | 2nd | 100th | 23:27.7 |
| NCAA Pre-Nationals | 3rd | 27th | 22:25.1 |
| Big 12 Championships | 3rd | 48th | *22:23.6 |
| Midwest Regionals | 2nd | 55th | *21:44 |

**Megan
James**
5-7 Junior
Kansas City, Mo.
(North KC)



| MEET | TEAM OVERALL | | TIME |
|--------------------------|--------------|--------|----------|
| | FINISH | FINISH | |
| Bob Timmons Invitational | 7th | 25th | 24:31.78 |
| KSU Wildcat Invitational | 6th | 13th | 20:08.8 |
| Roy Griak Invitational | 7th | 149th | 24:13.2 |
| NCAA Pre-Nationals | 7th | 63rd | *23:03.1 |
| Big 12 Championships | 7th | 81st | 23:42.75 |
| Midwest Regionals | 7th | 112st | *22:39 |

2007 WOMEN'S STATISTICS




Alison Knoll
5-0 Sophomore
Shawnee, Kan.
(Shawnee Mission Northwest)

| MEET | TEAM FINISH | OVERALL FINISH | TIME |
|--------------------------|-------------|----------------|----------|
| Bob Timmons Invitational | DNC | | |
| KSU Wildcat Invitational | 5th | 11th | 20:03.9 |
| Roy Griak Invitational | 5th | 128th | 23:56.9 |
| NCAA Pre-Nationals | 6th | 61st | *23:00.8 |
| Big 12 Championships | 5th | 75th | 23:23.4 |
| Midwest Regionals | 6th | 100th | *22:25 |




Alicia McGregor
5-6 Senior
Independence, Mo.
(Truman)

| MEET | TEAM FINISH | OVERALL FINISH | TIME |
|--------------------------|-------------|----------------|----------|
| Bob Timmons Invitational | 2nd | 8th | 23:23.89 |
| KSU Wildcat Invitational | 1st | 3rd | 19:09.8 |
| Roy Griak Invitational | 3rd | 107th | 23:34.1 |
| NCAA Pre-Nationals | 2nd | 19th | *22:02.2 |
| Big 12 Championships | 2nd | 41st | 22:12.05 |
| Midwest Regionals | 3rd | 70th | *21:56 |



Amanda Miller
5-4 Freshman
Overland Park, Kan.
(Olathe East)

| MEET | TEAM FINISH | OVERALL FINISH | TIME |
|--------------------------|-------------|----------------|----------|
| Bob Timmons Invitational | 4th | 14th | 23:55.36 |
| KSU Wildcat Invitational | 4th | 10th | *19:55.8 |
| Roy Griak Invitational | 6th | 142nd | 24:09.1 |
| NCAA Pre-Nationals | 5th | 38th | *22:27.9 |
| Big 12 Championships | 4th | 60th | 22:50.75 |
| Midwest Regionals | 5th | 96th | *22:23 |




Lisa Morrissey
5-7 Senior
Ottawa, Kan.
(Ottawa)

| MEET | TEAM FINISH | OVERALL FINISH | TIME |
|--------------------------|-------------|----------------|----------|
| Bob Timmons Invitational | 3rd | 13th | 23:49.91 |
| KSU Wildcat Invitational | 2nd | 4th | 19:34.7 |
| Roy Griak Invitational | 4th | 117th | 23:44.9 |
| NCAA Pre-Nationals | 4th | 35th | 22:25.1 |
| Big 12 Championships | 6th | 76th | 23:23.5 |
| Midwest Regionals | 4th | 80th | 22:05 |



Sarah Nackley
5-8 Sophomore
Shawnee, Kan.
(Shawnee Mission Northwest)

| MEET | TEAM FINISH | OVERALL FINISH | TIME |
|--------------------------|-------------|----------------|------|
| Bob Timmons Invitational | DNC | | |
| KSU Wildcat Invitational | DNC | | |
| Roy Griak Invitational | DNC | | |
| NCAA Pre-Nationals | DNC | | |
| Big 12 Championships | DNC | | |
| Midwest Regionals | DNC | | |




Kellie Schneider
5-7 Sophomore
Kenosha, Wisc.
(Tremper)

| MEET | TEAM FINISH | OVERALL FINISH | TIME |
|--------------------------|-------------|----------------|---------|
| Bob Timmons Invitational | DNC | | |
| KSU Wildcat Invitational | DNC | | |
| Roy Griak Invitational | 9th | 200th | 25:14.4 |
| NCAA Pre-Nationals | 8th | 76th | 23:24.5 |
| Big 12 Championships | 9th | 97th | 24:35.1 |
| Midwest Regionals | DNC | | |

2007 WOMEN'S STATISTICS




Cassi Sokol
5-6 Sophomore
Urbandale, Iowa
(Urbandale)



Riley Wertemberger
5-2 Freshman
Olathe, Kan.
(Olathe East)

| MEET | TEAM OVERALL | | TIME |
|--------------------------|--------------|--------|----------|
| | FINISH | FINISH | |
| Bob Timmons Invitational | 9th | 37th | 25:12.24 |
| KSU Wildcat Invitational | DNC | | |
| Roy Griak Invitational | 8th | 178th | 24:49.9 |
| NCAA Pre-Nationals | 10th | 99th | 24:22.8 |
| Big 12 Championships | DNC | | |
| Midwest Regionals | DNC | | |

| MEET | TEAM OVERALL | | TIME |
|--------------------------|--------------|--------|----------|
| | FINISH | FINISH | |
| Bob Timmons Invitational | 8th | 28th | 24:48.65 |
| KSU Wildcat Invitational | 7th | 14th | *20:57.2 |
| Roy Griak Invitational | DNC | | |
| NCAA Pre-Nationals | 9th | 91st | *23:55.9 |
| Big 12 Championships | 8th | 93rd | 24:14.6 |
| Midwest Regionals | DNC | | |



Kara Windisch
5-2 Freshman
Overland Park, Kan.
(Blue Valley West)

| MEET | TEAM OVERALL | | TIME |
|--------------------------|--------------|--------|------|
| | FINISH | FINISH | |
| Bob Timmons Invitational | DNC | | |
| KSU Wildcat Invitational | DNC | | |
| Roy Griak Invitational | DNC | | |
| NCAA Pre-Nationals | DNC | | |
| Big 12 Championships | DNC | | |
| Midwest Regionals | DNC | | |

| <u>LEGEND:</u> | | |
|--------------------------|-----------------|---------------------------|
| <u>Event</u> | <u>Distance</u> | <u>Total Participants</u> |
| Bob Timmons Invitational | 6K | 111 |
| KSU Wildcat Invitational | 5K | 18 |
| Roy Griak Invitational | 6K | 257 |
| NCAA Pre-Nationals | 6K | 123 |
| Big 12 Championships | 6K | 103 |
| Midwest Regionals | 6K | 178 |

* = career best at that distance
 UA = ran unattached
 DNC = did not compete