

# 2008 Meet Results

## WOMEN

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| <p><b>BOB TIMMONS CLASSIC (5K)</b><br/>Aug. 30, 2008<br/>Rim Rock Farm<br/>Lawrence, Kan.</p> <p><b>Team Finish</b><br/>1st of 5</p> <p><b>Individual Finishes</b><br/>1. Lauren Bonds -- 18:53.1<br/>2. Amanda Miller-- 19:17.2<br/>4. Kara Windisch -- 19:25.0<br/>5. Laura Nightengale -- 19:32.1<br/>6. Megan James -- 19:32.4<br/>7. Alison Knoll -- 19:41.7<br/>15. Rebeka Stowe -- 20:39.0<br/>18. Riley Wertemberger -- 20:52.8<br/>19. Devin Wieggers -- 21:01.1<br/>23. Claire Hall -- 21:14.8<br/>24. Kaitlyn Coen -- 21:16.2<br/>27. Amanda Akin -- 21:22.3<br/>28. Lindsay Schaefer -- 21:28.1<br/>33. Cassi Sokol -- 21:38.9</p> | <p><b>MISSOURI XC CHALLENGE (5K)</b><br/>Sept. 13, 2008<br/>A.L. Gustin Golf Course<br/>Columbia, Mo.</p> <p><b>Team Finish</b><br/>2nd of 4</p> <p><b>Individual Finishes</b><br/>1. Lauren Bonds -- 18:59.29<br/>5. Amanda Miller -- 19:20.75<br/>6. Kara Windisch -- 19:31.91<br/>10. Alison Knoll -- 19:57.27<br/>13. Rebeka Stowe -- 20:10.08<br/>14. Megan James -- 20:12.46<br/>16. Laura Nightengale -- 20:21.73<br/>21. Lindsay Schaefer -- 21:03.45<br/>22. Devin Wieggers -- 21:11.24<br/>23. Riley Wertemberger -- 21:18.25<br/>26. Amanda Akin -- 21:42.29<br/>27. Kaitlyn Coen -- 21:56.33<br/>31. Claire Hall -- 23:18.23</p> | <p><b>OSU COWBOY JAMBOREE (6K)</b><br/>Oct. 4, 2008<br/>OSU Cross Country Course<br/>Stillwater, Okla.</p> <p><b>Team Finish</b><br/>4th of 27</p> <p><b>Individual Finishes</b><br/>9. Lauren Bonds -- 21:32<br/>24. Amanda Miller -- 22:05<br/>39. Laura Nightengale -- 22:31<br/>41. Alison Knoll -- 22:34<br/>47. Rebeka Stowe -- 22:42<br/>50. Kara Windisch -- 22:45<br/>61. Megan James -- 22:59</p>  |
| <p><b>ISU PRE-NATIONALS (6K)</b><br/>Oct. 18, 2008<br/>LaVern Gibson Cross Country Course<br/>Terre Haute, Ind.</p> <p><b>Team Finish</b><br/>23rd of 41</p> <p><b>Individual Finishes</b><br/>64. Lauren Bonds -- 21:24.9<br/>94. Amanda Miller -- 21:47.7<br/>146. Megan James -- 22:19.6<br/>156. Kara Windisch -- 22:22.5<br/>164. Alison Knoll -- 22:26.2<br/>204. Rebeka Stowe -- 22:51.4</p> <p>(Women's Open Race Results)<br/>89. Lindsay Schaefer -- 23:26.3<br/>93. Kellie Schneider -- 23:31.8<br/>95. Riley Wertemberger -- 23:34.3<br/>108. Amanda Akin -- 23:48.2<br/>123. Kaitlyn Coen -- 24:18.1</p>                          | <p><b>BIG 12 CHAMPIONSHIPS (6K)</b><br/>Nov. 1, 2008<br/>ISU Cross Country Course<br/>Ames, Iowa</p> <p><b>Team Finish</b><br/>8th of 12</p> <p><b>Individual Finishes</b><br/>12. Lauren Bonds -- 21:31.00<br/>38. Amanda Miller -- 22:17.35<br/>41. Kara Windisch -- 22:25.20<br/>55. Alison Knoll -- 22:49.95<br/>57. Megan James -- 22:52.70<br/>70. Kellie Schneider -- 23:18.05<br/>78. Rebeka Stowe -- 23:44.60<br/>86. Lindsay Schaefer -- 23:45.5<br/>91. Laura Nightengale -- 23:56.2</p>  | <p><b>NCAA MIDWEST REGIONAL CHAMPIONSHIPS (6K)</b><br/>Nov. 15, 2008<br/>OSU Cross Country Course<br/>Stillwater, Okla.</p> <p><b>Team Finish</b><br/>7th of 27</p> <p><b>Individual Finishes</b><br/>15. Lauren Bonds -- 21:29.70<br/>33. Amanda Miller -- 21:53.90<br/>60. Kara Windisch -- 22:36.65<br/>65. Alison Knoll -- 22:40.40<br/>80. Megan James -- 22:50.60<br/>91. Rebeka Stowe -- 22:57.85<br/>131. Lindsay Schaefer -- 23:36.35</p> |



# 2008 Meet Results

## MEN

### BOB TIMMONS CLASSIC (8K)

Aug. 30, 2008  
Rim Rock Farm  
Lawrence, Kan.

#### Team Finish

1st of 7

#### Individual Finishes

5. Donny Wasinger -- 25:56.0
8. Zach Zarda (UA) -- 25:59.9
9. Bret Imgrund -- 26:19.8
12. Nick Caprario -- 26:25.6
13. Kaleb Humphreys -- 26:39.8
14. Brock Ternes -- 26:44.3
15. Dan Van Orsdel -- 26:50.8
16. Austin Bussing (UA) -- 26:59.6
19. Isaiah Shirlen -- 27:09.3
26. Diego Ladron (UA) -- 27:24.1
28. Sam Bird (UA) -- 27:26.1
30. Levi Huseman -- 27:29.9
33. Josh Baden (UA) -- 27:36.4
34. Clay Schneider -- 27:38.6
38. Sean Proehl (UA) -- 27:53.4
54. Victor Chesang -- 29:00.0

### MISSOURI XC CHALLENGE (8K)

Sept. 13, 2008  
A.L. Gustin Golf Course  
Columbia, Mo.

#### Team Finish

2nd of 3

#### Individual Finishes

6. Zach Zarda -- 27:12.87
7. Isaiah Shirlen -- 27:18.80
8. Brock Ternes -- 27:24.66
10. Nick Caprario -- 27:33.24
12. Dan Van Orsdel -- 27:38.10
13. Sam Bird (UA) -- 27:42.06
15. Bret Imgrund -- 27:55.02
17. Austin Bussing -- 28:00.68
18. Kaleb Humphreys -- 28:03.07
19. Donny Wasinger -- 28:07.80
21. Clay Schneider -- 28:29.72
23. Diego Ladron (UA) -- 28:56.20
26. Levi Huseman -- 29:38.24
29. Josh Baden (UA) -- 30:01.00

### OSU COWBOY JAMBOREE (8K)

Oct. 4, 2008  
OSU Cross Country Course  
Stillwater, Okla.

#### Team Finish

7th of 23

#### Individual Finishes

42. Bret Imgrund -- 25:48
43. Donny Wasinger -- 25:48
50. Dan Van Orsdel -- 25:59
56. Nick Caprario -- 26:04
61. Kaleb Humphreys -- 26:14
62. Zach Zarda -- 26:16
75. Clay Schneider -- 26:46
102. Austin Bussing -- 26:50
105. Brock Ternes -- 26:53
121. Sam Bird -- 27:08
142. Levi Huseman -- 27:31
154. Isaiah Shirlen -- 27:43

### ISU PRE-NATIONALS (8K)

Oct. 18, 2008  
LaVern Gibson Cross Country Course  
Terre Haute, Ind.

#### Team Finish

36th of 40

#### Individual Finishes

160. Donny Wasinger -- 25:21.1
183. Bret Imgrund -- 25:36.2
187. Isaiah Shirlen -- 25:37.4
207. Nick Caprario -- 25:53.0
223. Kaleb Humphreys -- 26:09.1
225. Dan Van Orsdel -- 26:11.2
226. Zach Zarda -- 26:12.2

(Men's Open Race Results)

47. Brock Ternes -- 25:44.3
65. Sam Bird -- 26:03.7
91. Austin Bussing -- 26:36.3
121. Clay Schneider -- 27:40.1

### BIG 12 CHAMPIONSHIPS (8K)

Nov. 1, 2008  
ISU Cross Country Course  
Ames, Iowa

#### Team Finish

8th of 12

#### Individual Finishes

28. Donny Wasinger -- 25:17.63
38. Bret Imgrund -- 25:30.98
40. Nick Caprario -- 25:32.58
50. Dan Van Orsdel -- 25:58.38
52. Isaiah Shirlen -- 26:04.68
55. Brock Ternes -- 26:09.53
58. Zach Zarda -- 26:15.08
71. Kaleb Humphreys -- 26:35.9
78. Sam Bird -- 26:53.5

### NCAA MIDWEST REGIONAL CHAMPIONSHIPS (10K)

Nov. 15, 2008  
OSU Cross Country Course  
Stillwater, Okla.

#### Team Finish

8th of 23

#### Individual Finishes

28. Donny Wasinger -- 32:09.80
30. Bret Imgrund -- 32:11.60
57. Kaleb Humphreys -- 32:46.95
60. Dan Van Orsdel -- 32:49.95
61. Nick Caprario -- 32:50.70
75. Isaiah Shirlen -- 33:06.50
93. Brock Ternes -- 33:40.35

