



Press Release

FOR IMMEDIATE RELEASE
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2020 Academic All-Big 12 Cross Country Team Honors 149

Irving, Texas - The 2020 Academic All-Big 12 Cross Country Team honors 149 student-athletes with 65 selections on the men's team and 84 on the women's team.

There were 28 honorees that hold a 4.00 grade point average, including nine from Kansas State.

Oklahoma State combined to lead all teams with 24. The Cowgirls led all women's teams with 13 selections, while Kansas paced the men with 12.

First team members consist of those who have maintained a 3.20 or better GPA while the second team selections hold a 3.00 to 3.19 GPA.

To qualify, student-athletes must maintain a 3.00 GPA or higher either cumulative or the two previous semesters and must have participated in 20 percent of their team's scheduled contests. Freshmen and transfers are not eligible in their first year of academic residence. Senior student-athletes who have participated for a minimum of two years and meet all the criteria except percent of participation are also eligible.

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2020 ACADEMIC ALL-BIG 12 MEN'S CROSS COUNTRY TEAM

FIRST TEAM (3.20-PLUS GPA; *INDICATES NOMINATED WITH A 4.00 GPA)

Name, School	Class	Major	Hometown
Ryan Day, Baylor	Jr.	Mechanical Engineering	Waco, Texas
Ryan Hodge, Baylor	Jr.	Mechanical Engineering	Mahomet, Ill.
Cal Johnston, Baylor	Jr.	Supply Chain Management	Waco, Texas
Connor Laktasic, Baylor	Sr.	Electrical & Computer Engineering	Albuquerque, N.M.
Carson Yarbrough, Baylor*	So.	Political Science	Carrollton, Texas
Mitchell Day, Iowa State	Sr.	Pre Liberal Studies	Alpena, Mich.
Milo Greder, Iowa State	Sr.	Communications Studies	Omaha, Neb.
Festus Lagat, Iowa State	Sr.	Interdisciplinary Graduate Studies	Eldoret, Kenya
Jeffery Pedersen, Iowa State	Jr.	Entrepreneurship and Finance	East Greenwich, R.I.
Thomas Pollard, Iowa State*	Sr.	Information Systems and Business Analytics	Ames, Iowa
Jared Schuckman, Iowa State	Jr.	Computer Engineering	Norman, Ill.
Gable Sieperda, Iowa State	Jr.	Finance	Rock Rapids, Iowa
Edward Buckley, Kansas	So.	Pre-Business	Moraga, Calif.
Benjamin Butler, Kansas	Sr.	Spanish Global & Int'l Studies	Highlands Ranch, Colo.
Ryan Butler, Kansas	So.	News & Information Mathematics	Highlands Ranch, Colo.
Chase Dornbusch, Kansas	So.	Business Finance	Lakewood, Colo.
Eric Gawlick, Kansas	So.	Chemical Engineering	Overland Park, Kan.
Chandler Gibbens, Kansas	So.	Political Science	Columbia, Mo.
George Letner, Kansas	Sr.	Biology and Psychology	Baldwin City, Kan.
John Luder, Kansas	Jr.	Human Biology	Shawnee, Kan.
Jake Ralston, Kansas	So.	Management & Leadership	Papillion, Neb.
Jack Young, Kansas	Jr.	Architecture MA	Mission Hills, Kan.
Kerby Depenbusch, Kansas State	Jr.	Sociology-Criminology	Great Bend, Kan.
Travis Hodge, Kansas State	Sr.	Nutritional Sciences/Psychology/Gerontology	De Soto, Kan.
Jack Moore, Kansas State	So.	Open Option	Lenexa, Kan.
Michael Rohlinger, Kansas State	Jr.	Finance/Management	White Bear Lake, Minn.
Cooper Schroeder, Kansas State	Jr.	Business Administration	Manhattan, Kan.
Hadley Splechter, Kansas State	So.	Kinesiology	Yates Center, Kan.
Jack Thomas, Kansas State	So.	Biology	Scott City, Kan.
Lucas Badcock, Oklahoma	So.	Aviation	San Ramon, Calif.
Jordan Gledhill, Oklahoma	R-So.	Journalism	Flower Mound, Texas
Derek King, Oklahoma	R-Jr.	Computer Science	Keller, Texas
Ryan Teuscher, Oklahoma	R-So.	Health and Exercise Science	Trophy Club, Texas
Alex Maier, Oklahoma State	So.	Electrical Engineering	Flower Mound, Texas
Kevin Mulcaire, Oklahoma State	Jr.	Biology	Clare, Ireland
Daniel Nickell, Oklahoma State	R-Fr.	Pre-Psychology	Lawton, Okla.
Isaiah Priddey, Oklahoma State	So.	Graphic Design	Hamilton, New Zealand
Ryan Smeeton, Oklahoma State	Sr.	Mechanical Engineering	Calgary, Alberta
Jake Bettencourt, TCU*	So.	Marketing	Aledo, Texas
Samuel Busa, TCU*	So.	Mechanical Engineering	Raynham, Mass.
Lakelin Conrad, TCU	Jr.	Neuroscience	Wichita, Kan.
Mason Payne, TCU	So.	Mechanical Engineering	El Granada, Calif.
Crayton Carrozza, Texas	So.	Undeclared	Austin, Texas
Cruz Gomez, Texas	So.	Applied Movement Science	Alamo, Texas
Haftu Knight, Texas	So.	Undeclared	Tyler, Texas
Sam Worley, Texas	Sr.	Management Information Systems	New Braunfels, Texas
Kobe Yopez, Texas	So.	Advertising	Round Rock, Texas
Bennett Barnett, Texas Tech	Jr.	Business Administration	Oklahoma City, Okla.
Luke Estes, Texas Tech	Jr.	Business Administration	San Antonio, Texas
Eric MacClean, Texas Tech	Jr.	Electrical Engineering	Mckinney, Texas
Richard Taylor, Texas Tech*	Jr.	Foundational Engineering	Lubbock, Texas

SECOND TEAM (3.00-3.19 GPA)

Name, School	Class	Major	Hometown
Philip Roxas, Baylor	Jr.	Health Science Studies - Health Professions	Beaumont, Texas
JB Sandlund, Baylor	Sr.	Finance	St. Charles, Ill.
Harrison Brown, Kansas	R-Fr.	Industrial Design	Chesterfield, Mo.
Ethan Donley, Kansas	Sr.	Sport Management	Lawrence, Kan.
Dylan Brenneman, Kansas State	Jr.	Chemical Engineering	Spring Hill, Kan.
David Lutgen, Kansas State	Jr.	Biological Systems Engineering	Beloit, Kan.
Adam Dayani, Oklahoma State	So.	Psychology	Carrollton, Texas
Alec Haines, Oklahoma State	Sr.	Sports Media	Wildwood, Mo.
Nicholas Kenville, Oklahoma State	Jr.	Psychology	Edmond, Okla.
Wyatt Landis, Oklahoma State	R-Fr.	Sports Management	Celina, Texas
Isai Rodriguez, Oklahoma State	Jr.	Management	Ringwood, Okla.
Victor Shitsama, Oklahoma State	R-Fr.	Undeclared	Eldoret, Kenya
Yaseen Abdalla, Texas	So.	Business	Lanham, Md.
Brendan Hebert, Texas	Jr.	Physical Culture and Sports	Spicewood, Texas

2020 ACADEMIC ALL-BIG 12 WOMEN'S CROSS COUNTRY TEAM**FIRST TEAM (3.20-PLUS GPA; *INDICATES NOMINATED WITH A 4.00 GPA)**

Name, School	Class	Major	Hometown
Lauren Ammons, Baylor	Jr.	Child and Family Studies	Raleigh, N.C.
Sarah Antrich, Baylor	Sr.	Biology Pre-Health Care	Houston, Texas
Brooke Bonadies, Baylor	So.	Baylor Business Fellows, MIS & Math	Tolland, Conn.
Sadie Hamrin, Baylor	So.	Applied Music - Violin	Bemidji, Minn.
Celia Holmes, Baylor	Jr.	Recreation & History	Waco, Texas
Madelaine Johnston, Baylor	Jr.	Neuroscience	Wichita Falls, Texas
Mazie Larsen, Baylor*	Jr.	Health Science Studies - Pre-Med/Pre-Dent	Gretna, Neb.
Ava Miller, Baylor	So.	Biology	Albuquerque, N.M.
Lauryn Simons, Baylor	So.	Baylor Business Fellows	Trabuco Canyon, Calif.
Natasha Strump, Baylor	Sr.	Health Science Studies - Pre-Med/Pre-Dent	Coral Gables, Fla.
Karly Ackley, Iowa State	Sr.	Kinesiology	Marvel, N.D.
Larkin Chapman, Iowa State	Sr.	World Languages and Culture and Anthropology	Muscatine, Iowa
Grace Dickel, Iowa State	So.	Microbiology	Minneapolis, Minn.
Dana Feyen, Iowa State*	So.	Kinesiology	Galesville, Wis.
Alexis Gourrier, Iowa State	Jr.	Child, Adult and Family Services	Las Vegas, Nev.
Madelynn Hill, Iowa State	So.	Linguistics	Liberty, Mo.
Brina Kraft, Iowa State	Sr.	Aerospace Engineering	Muscatine, Iowa
Jacie Legois, Iowa State	Sr.	Culinary Food Science	Luxemburg, Wis.
Cailie Logue, Iowa State	Sr.	Kinesiology	Erie, Kan.
Janette Schraft, Iowa State	So.	Political Science	Glenwood, Iowa
Makenna Anderson, Kansas	R-Fr.	Elementary Education	Highlands Ranch, Colo.
Alexys Barton, Kansas	Jr.	Mechanical Engineering	Liberal, Mo.
Kalea Chu, Kansas	So.	Mechanical Engineering	Overland Park, Kan.
Addie Coppinger, Kansas*	R-Fr.	Chemical Engineering	Leawood, Kan.
Avryl Johnson, Kansas	So.	Industrial Design	Libertyville, Ill.
Lona Latema, Kansas	So.	Pre-Business Accounting	Eldoret, Kenya
Lisa Lauschke, Kansas*	Sr.	MSE Educational Administration	Rogers, Ark.
Sydney Burton, Kansas State*	So.	Dietetics	Abilene, Kan.
Helen Giefer, Kansas State*	So.	Animal Sciences and Industry	Wakeeney, Kan.
Caylene Hume, Kansas State*	Sr.	Nutritional Sciences	Lakewood, Colo.
Kassidy Johnson, Kansas State*	Sr.	Dietetics	Wichita, Kan.
Delaney Kemp, Kansas State	So.	Kinesiology/Nutrition and Kinesiology	Shawnee, Kan.
Emma Lucas, Kansas State*	So.	Biological Systems Engineering	Bedford, Iowa
Cara Melgares, Kansas State*	Sr.	Accounting	Manhattan, Kan.
Jaybe Shufelberger, Kansas State	So.	Business Administration/Natural Resource and Environmental Science	Topeka, Kan.
Cailan Steward, Kansas State*	So.	Architecture	Andover, Kan.
Hannah Stewart, Kansas State*	So.	Kinesiology	Lawrence, Kan.
Camilla Broman, Oklahoma	R-Jr.	Chemical Engineering	Katy, Texas
Alison Hepp, Oklahoma	R-So.	Chemical Engineering	San Antonio, Texas
Carson Hockersmith, Oklahoma	So.	Advertising	Lucas, Texas
Jordyn Kaplan, Oklahoma	Jr.	Health and Exercise Science	Dallas, Texas
Madeline Medina, Oklahoma	So.	Biochemistry	Edmond, Okla.
Elise Welch, Oklahoma*	So.	Human Health and Biology	Dallas, Texas
Ariane Ballner, Oklahoma State*	Sr.	Management and Marketing	Elmshorn, Germany
Molly Born, Oklahoma State	Jr.	Horticultural Sciences	Lake Quivira, Kan.
Jayden Fiebiger, Oklahoma State	R-Fr.	Sports Media	San Angelo, Texas

Emily Forster, Oklahoma State*	So.	Medicinal & Biophysical Chemistry	Round Rock, Texas
Gabby Hentemann, Oklahoma State	So.	Management and Marketing	Grand Haven, Mich.
Mackenzie Marler, Oklahoma State	R-Fr.	Applied Exercise Science	Cheyenne, Wyo.
Moriah Moody, Oklahoma State*	Jr.	Merchandising	Tulsa, Okla.
Makayla Pate, Oklahoma State	R-Fr.	Chemical Engineering	The Woodlands, Texas
Taylor Roe, Oklahoma State	So.	Statistics	Lake Stevens, Wash.
Taylor Somers, Oklahoma State*	Sr.	Psychology	Omaha, Neb.
Claire Workman, Oklahoma State*	Jr.	Biological Science	Springfield, Mo.
Evelyn Mandel, TCU	Sr.	Nursing	Temecula, Calif.
Claudine Blancaflor, Texas*	Sr.	Special Education	Allen, Texas
Alyssa Duhart, Texas*	So.	Design	Frisco, Texas
Jennelle Jaeger-Darakjy, Texas	So.	Psychology	El Paso, Texas
Beth Ramos, Texas	Jr.	Exercise Science	Edinburg, Texas
Madeleine Stephens, Texas	So.	Biomedical Engineering	Dallas, Texas
Valery Tobias, Texas	Jr.	Health and Society	Edinburg, Texas
Madeline Vondra, Texas	Sr.	Youth and Community Studies	Fort Worth, Texas
Isabella West, Texas	So.	Biology	Frisco, Texas
Kaitlyn Irving, Texas Tech	Jr.	Kinesiology	Carrollton, Texas
Binta Ka, Texas Tech	Jr.	Speech Language & Hearing Science	North Richland Hills, Texas
Jazmyn Martinez, Texas Tech	Sr.	Sociology	Miami, Florida
Claudrice Mckoy, Texas Tech	Sr.	University Studies	Georgetown, Guyana
Hanna Sanchez, Texas Tech	Sr.	Kinesiology	Abilene, Texas
Sydney White, Texas Tech	Jr.	Finance	Keller, Texas
Kyra Young, Texas Tech	Jr.	Business Administration	Brownwood, Texas
Marianne Abdalah, West Virginia*	R-Jr.	Biology	Pittsburgh, Pa.
Antigone Archer, West Virginia*	R-Sr.	Digital and Social Media	Southlake, Texas
Katherine Dowie, West Virginia	R-So.	Exercise Physiology	Carisbrook, Australia
Samantha Hatcher, West Virginia	R-So.	Nursing	Morgantown, W.Va.
Hayley Jackson, West Virginia	Sr.	Multidisciplinary Studies	Lusby, Md.
Hannah Lipps, West Virginia	R-So.	Elementary Education	Romney, W.Va.
Ceili McCabe, West Virginia	So.	Sports & Adventure Media	Vancouver, B.C.
Mikenna Vanderheyden, West Virginia	R-So.	Psychology	Mount Brydges, Ontario
Bree Warren, West Virginia*	R-Sr.	Communication Sciences & Disorders	Belgrave, Australia
Charlotte Wood, West Virginia	Jr.	Physical Education & Kinesiology	Bracebridge, Ontario

SECOND TEAM (3.00-3.19 GPA)

Name, School	Class	Major	Hometown
Natalie O'Brien, Oklahoma	R-Jr.	Finance	Flintridge, Calif.
Rilee Rigdon, Oklahoma State	So.	University Studies	Bartlesville, Okla.
Maddie Salek, Oklahoma State	So.	Nutritional Sciences/Dietetics	Imperial, Neb.
Halena Rahmaan, Texas	So.	Biology	Montgomery, Texas