



FINAL SCHEDULE

FRIDAY, APRIL 30

Friday Field Events

1:00 pm	Javelin Throw	Men
2:00 pm	Long Jump	Women
2:30 pm	Javelin Throw	Women
2:30 pm	Pole Vault "B"	Men
4:00 pm	Hammer Throw	Men
4:00 pm	High Jump	Women
4:00 pm	Long Jump	Men
5:30 pm	Hammer Throw	Women

Friday Track Events

3:00 pm	200 Meters	Women
3:20 pm	200 Meters	Men
3:45 pm	400 Meter Hurdles	Women
4:05 pm	400 Meter Hurdles	Men
7:00 pm	800 Meters (Sections 1-3)	Women
7:15 pm	800 Meters (Sections 1-3)	Men
7:30 pm	1,500 Meters	Women
7:50 pm	1,500 Meters	Men
8:15 pm	3,000 Meter Steeplechase	Women
8:35 pm	3,000 Meters Steeplechase	Men
8:55 pm	5,000 Meters	Women
9:35 pm	5,000 Meters	Men

All times listed as Central.

SATURDAY, MAY 1

Saturday Field Events

11:00 am	Discus Throw	Women
11:30 am	Triple Jump	Men
12:00 pm	Pole Vault	Women
1:00 pm	Discus Throw	Men
1:30 pm	Shot Put	Women
1:30 pm	Triple Jump	Women
2:00 pm	High Jump	Men
2:15 pm	Pole Vault "A" (Starting height 5.12 Meters)	Men
2:30 pm	Shot Put	Men

Saturday Track Events

12:30 pm	4x100 Relay	Women
12:40 pm	4x100 Relay	Men
12:50 pm	Senior Recognition	
1:05 pm	800 Meters (Sections 4-6)	Women
1:20 pm	800 Meters (Sections 4-6)	Men
1:35 pm	400 Meters	Women
1:50 pm	400 Meters	Men
2:10 pm	100 Meters	Women
2:30 pm	100 Meters	Men
2:55 pm	100 Meter Hurdles	Women
3:10 pm	110 Meter Hurdles	Men
3:30 pm	Senior Recognition	
3:50 pm	4x400 Relay	Women
4:00 pm	4x400 Relay	Men