



# **2021 CSCAA NATIONAL COLLEGIATE OPEN WATER SWIMMING CHAMPIONSHIP**

LONE STAR LAKE  
Lawrence, Kansas  
Saturday, September 18

Women's Race: 8:30 AM  
Men's Race: 10 a.m.

ENTRY DEADLINE  
Saturday, September 11, 2021  
or until field is full

TECHNICAL MEETING

## IMPORTANT INFORMATION

- Register for the CSCAA National Collegiate Open Water Swimming Championship online at [KUAthletics.com/OpenWater](http://KUAthletics.com/OpenWater). Open registration for all participants will begin at noon on July 13. Participation will be limited to 70 individuals for each race. Maximum team entry is five individuals per race.
- Race start times are subject to change due to number of entries and local conditions.
- All participants in the CSCAA National Collegiate Open Water Swimming Championship must be collegiate student-athletes eligible to compete for their NCAA, NAIA or NJCAA member institutions for the current school year.
- Swimmers' and Coaches' Responsibility - It shall be the swimmers' and coaches' responsibility to acquaint themselves with all of the information contained in this competition information book, as well as information disseminated at each race technical meeting.
- The Race Safety Plan, Waiver & Release Form, and other important information will be posted at [KUAthletics.com](http://KUAthletics.com)

## QUALIFYING CRITERIA AND ENTRY PROCESS

In order to compete in the 2021 CSCAA 5K Open Water Championship, a swimmer must have achieved the following pool time standard(s):

	<b>500 SCY</b>	<b>1,000 SCY</b>	<b>1,650 SCY</b>
Women 5K Race Qualifying Times	5:10.00	10:30.00	18:00.00
Men 5K Race Qualifying Times	4:50.00	10:00.00	17:00.00

Meter conversions are acceptable for international student-athletes.  
Qualifying period: Sept. 1, 2019-Sept. 1, 2021

## ONLINE MEET ENTRY

Athletes must enter these events through the entry form at [KUAthletics.com/OpenWater](http://KUAthletics.com/OpenWater).

Register for the CSCAA Open Water Championships online at [KUAthletics.com/OpenWater](http://KUAthletics.com/OpenWater) beginning at noon Central Time on July 13, 2021 for teams that competed in the 2017 CSCAA National Collegiate Open Water Swimming Championship. Open registration for all participants will begin at noon on July 13.

Registration will be limited to 70 individuals for each race. If limit is met while registering your team, contact Local Meet Director Clark Campbell or Communications Director Valerie Johnson to register the rest of your team.

For help with the entries, contact Valerie Johnson with Kansas Athletics. You will be required to pay for the online entries with a Visa, Mastercard, American Express, Discover or PayPal.

The entry form is not an eligibility report; It is the coaches' responsibility to know the eligibility of each athlete. Once you complete your entry, you will be sent confirmations via email. Please keep all of these and bring them with you to the meet (just in case).

## EVENT ADMINISTRATION

### Championship Referee

Curtis Meyers  
[ic-clearly@sbcglobal.net](mailto:ic-clearly@sbcglobal.net)

### Local Meet Director

Clark Campbell  
[ccswim@ku.edu](mailto:ccswim@ku.edu)  
(785) 864-4177

### Event Safety Director

Madison Corona  
[mlcorona@ku.edu](mailto:mlcorona@ku.edu)  
785-393-3342

### Communications Director

Valerie Johnson  
[v.johnson@ku.edu](mailto:v.johnson@ku.edu)  
(785) 424-3598

### Event Coordinator

Robby Jefferies  
[robertjeffries@ku.edu](mailto:robertjeffries@ku.edu)  
(785) 864-0495

### CSCAA Executive Director

Greg Earhart  
[gearhart@cscaa.org](mailto:gearhart@cscaa.org)

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## OPEN WATER RULES

### Rules

Current USA Swimming Rules and Regulations will govern this event. Please see Part Seven of the USA Swimming Rules & Regulations for complete list of Open Water Rules.

### Selected Open Water Rules

#### Swimwear

- No swimmer shall be allowed to use or wear any device that may be an aid to his/her speed, endurance, or buoyancy.
- A maximum of two (2) caps may be used.
- Wet suits, flotation aids or any similar items, and anything used to maintain body heat, except a reasonable application of body grease, are not allowed.

#### Team Events

- Team events will be conducted concurrently with individual events, with the results achieved in the individual event used to compute the team scoring.
- Teams will be entered automatically based on team entries.
- Cross country scoring will be used to determine team scores. Top three athletes determine team score.
- Maximum of five athletes per team.

#### Awards

- Individual champions shall be determined and awarded in women's and men's competitions. Medals shall be awarded to all first-through-eighth place finishers in each individual event.
- First place men's and women's teams receive a plaque

### Eligibility

The CSCAA National Collegiate Open Water Swimming Championships are open to current NCAA, NAIA and NJCAA member institutions who meet the specific event qualifying criteria.

### Entry Fees

5K National Championships  
\$65.00 per Individual

### Race Course and Operations

Additional specific course details will be coming soon.

Aside from Safety and Officials' boats, no additional craft will be allowed near the race course. This is a non-escorted swim. The swimmers must swim within the finish chute and will finish by touching a finish banner over the water's surface.

Toe nails and finger nails will be checked before the race by the Event Safety Director. If the nails are too long, they must be cut to a reasonable length at the discretion of the ESD.

### Technical Meetings

All swimmers and coaches should arrive in time for the technical meeting for their event(s). Each participant is responsible for all information distributed at these meetings. The technical meeting will take place Friday, September 17 at 5 p.m. inside Hadl Auditorium in KU's Wagnon Student-Athlete Center. Participant check-in and numbering will be offered immediately after the technical meeting.

Parking for the technical meeting is available in the Allen Fieldhouse Parking Garage. Parking in the garage requires payment.

### Pre-Race Briefings

In addition to each technical meeting, all swimmers must be present for the Pre-Race Briefing at the race start area prior to each race. At this meeting, race officials will distribute last-minute information on weather and water conditions, emergency procedures, etc.

### Practice Availability

Race Site, Lone Star Lake

Friday, September 17, 9 a.m. - Noon

Pool Practice, KU's Robinson Natatorium

Friday, September 17, 2-4:30 p.m.

### Race Day Schedules

Schedules are subject to change depending on number of entries and local conditions.

Women's 5K Race Day - Saturday, September 17

7:30-8:15 a.m. - Women's Check-in

8:15 a.m. - Women's Pre-Race Briefing

8:25 a.m. - Women's Inspection and Roll Call

8:30 a.m. - Women's 5K Start

Men's 5K Race Day - Saturday, September 17

8:30-9:30 a.m. - Men's Check-in

9:45 a.m. - Men's Pre-Race Briefing

9:55 a.m. - Men's Inspection and Roll Call

10:00 a.m. - Men's 5K Start

Post Race - Women's and Men's Awards

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## EVENT SAFETY INFORMATION

### 1. Safety Authority

The safety for this event will be coordinated through the Douglas County and Kansas Athletics Training Staff.

The lifeguards are equipped and capable to respond to any aquatic or medical emergencies on the course and if needed will transfer emergency care to the Lawrence-Douglas County Fire Medical (LDCFM) who will provide trauma services at the medical tent on the beach. AED's, First Aid kits, and Basic Life Support gear will be available on the beach at the medical tent.

The Safety Director, Safety Officer, Medical staff and safety patrol boats will communicate via the event radio network and VHF radios. There will be 4-6 Kayaks or rescue boards with Lifeguards located throughout the course.

There will be two Personal Watercraft on course to monitor swimmers' safety and two safety boats idling well inside course with staff to respond if needed.

There will be course officials located at the turn buoys on anchored boats or on docks.

All recreational boat usage is prohibited during the event and will be monitored by the Douglas County Sheriff's Dive Rescue unit.

### 2. Communications Plan

Primary - There will be two separate radio networks using two different frequency plans. The radios are not interchangeable.

Communication across radio networks will be coordinated through Race Operations. Personnel using radios include the Race Director, Race Operations, Race Referees, Safety Director, Feed Station Referee, Administrative Referee, Turn Judges, Medical tent and event announcer. The safety patrol boats will utilize their own VHF radios, and will be in contact with Sheriff, Fire/ Rescue, Race Operations, Safety Officer and On-Water Lifeguard on PWC.

Communications between lifeguards in kayaks and all parties will be through whistles and flags. If Lifeguards need assistance from the safety boats, they will blow a series of long whistle blasts and wave orange flags.

### 3. Swimmer in Distress

- a. Lifeguard will activate their water rescue protocols.
- b. Any swimmer withdrawing from the race must report to the nearest lifeguard or course official to identify and confirm withdrawal. Course official will radio race control with the competitor number and direct the swimmer to return to the start area.
- c. A Medical tent will be maintained on the beach in the Start/ Finish area manned by a Lifeguard and Fire Rescue staff.
- d. Swimmers needing emergency medical care on the water will be administered by LDCFM staff and then Fire/Rescue staff at the dock.
- e. Swimmers requiring evacuation via ambulance will be transported to Lawrence Memorial Hospital, approx. 17 miles from the venue.

### 4. Missing Swimmer

- a. All swimmers will be required to provide a personal cell phone contact and a coach/handler cell phone contact at registration.
- b. All swimmers will be videotaped during the final inspection/ accounting prior to the start.
- c. If a swimmer is reported missing and last seen in the water: Lifeguards and Sheriff's Dive Rescue unit will activate their underwater search and recovery protocol. Concurrently, meet operations will attempt contact with the coach/handler and swimmer via cell phone. Meet Operations will also review the start list, withdrawal list, site race tickets, and view the pre-race videotape to confirm the swimmer actually started the race.
- d. All swimmers are reminded before the race start that they must report to the nearest lifeguard or course official if they withdraw from the race. All swimmers who depart from the water will be identified by their race number.

### 5. Support Vessels

- a. The following vessels will be used:
  - i. Referee Boat - 1
  - ii. Paddle Craft - 6
- b. All vessels Captains will attend a brief briefing by the Safety Officer.
- c. Spare vessels will remain clear of the vessel exclusion zone unless summoned on to the course by race control.
- d. Once the course has been set, the Course Officer vessel will remain clear of the vessel exclusion zone unless summoned to the course by the Referee or race control.
- e. All officials' boats will be equipped with VHF radios on the race control network.
- f. Safety Patrol boats will be on designated VHF radio channel.

## 6. Parameters for Abandoning the Race

- a. Any one of the following individuals are empowered to independently order the race abandoned due to unsafe course or other conditions.
  - Championship Referee
  - Safety Officer
  - Local Meet Director
- b. If the race is to be abandoned, Race Control will relay via radio to all vessels to signal abandonment. Simultaneously, the Safety Officer will signal to Lifeguards for race abandonment. The abandonment signals will be:
  - From Officials Boats - 5 short blasts followed by one long blast.
  - From lifeguards - 5 short blasts of the whistle followed by one long blast.
- c. Swimmer actions are to:
  - Discontinue swimming
  - Look for directions from the Officials or water safety personnel
  - Once safe on the beach, proceed to the start/finish area and check-in.

## 7. Contingency Plan

- a. Due to venue restrictions, it is unlikely any change to the shape of the course will be possible.
- b. If the weather conditions require, the directions of swim (CW/CCW) and the location of the start/finish structure may be changed.
- c. If the race is abandoned, it will be postponed until later the same day. If the race must be abandoned for the entire day, the race will be held the following day.

## 8. COVID-19

- a. Requirements on masks and other COVID-19 protocols will be set by Kansas Health, facilities and our athletic training staff as we get closer to the meet to match current restrictions in the Lawrence and surrounding areas.
- b. Respect social distancing protocols throughout the meet and venue.

## COURSE LAYOUT (3 LAPS)



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## EVENT LOGISTICS

### **Parking**

Parking will be available on-site. For parking during the technical meeting and pool practice times, please use:

Allen Fieldhouse Parking Garage  
1555 Irving Hill Road  
Lawrence, KS 66045

### **Weather Contingency**

In the event of adverse conditions, the following rescheduling priorities will be used based on weather predictions, and at the discretion of the Meet Referee:

Priority 1 - Later during the race day

Priority 2 - On the following day(s)