

BIG 12 CONFERENCE 2022-23 OUTDOOR TRACK & FIELD CHAMPIONSHIP SCHEDULE
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Friday, May 12

COMBINED EVENTS

RUNNING EVENTS (FINALS)

11:00 A.M.	Decathlon: 100m		Men	7:00 A.M.	10,000m	Women
11:30 A.M.	Heptathlon: 100m Hurdles		Women	7:45 A.M.	10,000m	Men
11:45 A.M.	Decathlon: Long Jump	2 Pits	Men			
12:15 P.M.	Heptathlon: High Jump	2 Pits	Women			
12:45 P.M.	Decathlon: Shot Put	2 Rings	Men			
2:00 P.M.	Decathlon: High Jump	2 Pits	Men			
2:15 P.M.	Heptathlon: Shot Put	2 Rings	Women			
2:30 P.M.	Heptathlon: 200m		Women			
3:45 P.M.	Decathlon: 400m		Men			

FIELD EVENTS

12:00 P.M.	Hammer (Lower Field)		Women
2:30 P.M.	Hammer (Lower Field)		Men
5:00 P.M.	Javelin (Lower Field <i>weather permitting</i>)		Women
7:30 P.M.	Javelin (Lower Field <i>weather permitting</i>)		Men

Saturday, May 13

COMBINED EVENTS

RUNNING EVENTS (PRELIMINARIES)

10:00 A.M.	Decathlon: 110m Hurdles		Men	4:00 P.M.	1500m	Women
11:00 A.M.	Heptathlon: Long Jump	2 Pits	Women	4:20 P.M.	1500m	Men
11:00 A.M.	Decathlon: Discus		Men	4:30 P.M.	Decathlon:1500m	Men
12:15 P.M.	Heptathlon: Javelin		Women	4:40 P.M.	100m Hurdles	Women
12:30 P.M.	Decathlon: Pole Vault	2 Pits	Men	4:55 P.M.	110m Hurdles	Men
1:30 P.M.	Heptathlon: 800m		Women	5:10 P.M.	400m	Women
3:00 P.M.	Decathlon: Javelin		Men	5:25 P.M.	400m	Men
4:30 P.M.	Decathlon: 1500m		Men	5:40 P.M.	100m	Women
				5:55 P.M.	100m	Men

FIELD EVENTS

3:00 P.M.	High Jump		Men	6:25 P.M.	800m	Men
3:00 P.M.	Long Jump		Women	6:45 P.M.	400m Hurdles	Women
4:00 P.M.	Shot Put		Men	7:00 P.M.	400m Hurdles	Men
6:00 P.M.	Pole Vault		Women	7:15 P.M.	200m	Women
6:00 P.M.	Long Jump		Men	7:30 P.M.	200m	Men
6:30 P.M.	Shot Put		Women	7:45 P.M.	3000m Steeplechase	Women
				8:00 P.M.	3000m Steeplechase	Men

Sunday, May 14

FIELD EVENTS

2:30 P.M.	High Jump	Women
3:00 P.M.	Discus	Women
3:30 P.M.	Triple Jump	Women
5:30 P.M.	Pole Vault	Men
6:00 P.M.	Discus	Men
6:30 P.M.	Triple Jump	Men

RUNNING EVENTS (FINALS)

5:00 P.M.	4x100m Relay	Women
5:10 P.M.	4x100m Relay	Men
5:20 P.M.	1500m	Women
5:30 P.M.	1500m	Men
5:45 P.M.	100m Hurdles	Women
5:55 P.M.	110m Hurdles	Men
6:05 P.M.	400m	Women
6:15 P.M.	400m	Men
6:25 P.M.	100m	Women
6:35 P.M.	100m	Men
6:45 P.M.	800m	Women
6:55 P.M.	800m	Men
7:10 P.M.	400m Hurdles	Women
7:20 P.M.	400m Hurdles	Men
7:30 P.M.	200m	Women
7:40 P.M.	200m	Men
7:50 P.M.	5000m	Women
8:15 P.M.	5000m	Men
8:35 P.M.	4x400m Relay	Women
8:45 P.M.	4x400m Relay	Men
Team Championship Presentation		