

Teams: University of Kansas, Kansas State, Wichita State

Entries:

- Unlimited entries per event, need to designate the four (4) non-scoring athletes
- One relay entry per institution (2 men, 2 women)
- Roster is limited to 26 members per gender

Scoring:

- NCAA international scoring: 2 athletes from each institution per individual event
- The following format will be used:
 - Individual Events: 7 - 5 - 4 - 3 - 2 - 1
 - Relay: 7 - 5 - 4
- Posted score will be kept per school, not by gender

Entry Procedure:

- Rosters will not need to be sent to host school
- Team rosters should be updated on Direct Athletics prior to the meet in order to allow for a more efficient process. You can do your entries prior to the competition or bring them to the coaches meeting on postcards. The entry window will be open up until the coaches meeting. The online entries will be handled by Black Squirrel Timing Company, so no schools will be involved or able to see entries prior to the coaches meeting.

Seeding:

- Field events will be seeded in random order
- 800, 1000, Mile and 3000 will be seeded in random order
- 60, 60H, 200, 400, 600 yards and 4x400 will be seeded as follows:
 - 60 and 60H: lane combinations (4 - 6 - 8), (1 - 3 - 7), (2 - 5)
 - 200 and 400: (5 - 3), (6), (4)
 - 600 yards: (5 - 3), (4), (6)
 - 4x400: (5), (6), (4)
- Lanes 1 and 2 will not be used in the 200m through 600 yards unless otherwise decided in the coaches meeting. Each institution will then place their athlete(s) of choice in their drawn lanes. Each gender will be handled separately.
- In field events, the top-7 athletes will advance to finals, with 2 from each school represented plus the next best 3rd athlete from all schools.

Seeding Meeting:

- Time/Location TBA
- Head coaches will represent each institution. See "entry procedure" above for entry format.

Check-in Procedure:

- Field event athletes must check in 45 minutes prior to the scheduled start time of their event, at their respective event area.
- Running event athletes must check in 30 minutes prior to the scheduled start time of their event. All running event athletes will check in and receive hip numbers near the finish line of the track.

Implement Weigh-in:

All implements for both the weight throw and the shot put will be checked in near the throwing circle. Check-ins begin one (1) hour prior to the start of the first throwing event of the day.

Questions:

Contact meet director Tim Byers at (785) 393-3847 or timbyers@ku.edu with any questions.

TENTATIVE SCHEDULE

Friday, January 12, 2024

Field Events

11:00 AM	Weight Throw	Women followed by Men
To follow WT	Shot Put	Women followed by Men
11:00 AM	Long Jump	Women followed by Men
To follow LJ	Triple Jump	Women followed by Men
11:00 AM	Pole Vault	Women followed by Men
11:00 AM	High Jump	Women followed by Men

Running Events

1:20 PM	Mile Run	Women
1:28 PM	Mile Run	Men
1:37 PM	400 Meter Dash	Women
1:45 PM	400 Meter Dash	Men
1:54 PM	60 Meter Hurdles	Women
2:00 PM	60 Meter Hurdles	Men
2:07 PM	600 Yard Run	Women
2:14 PM	600 Yard Run	Men
2:22 PM	60 Meter Dash	Women
2:28 PM	60 Meter Dash	Men
2:35 PM	800 Meter Run	Women
2:40 PM	800 Meter Run	Men
2:45 PM	1000 Meter Run	Women
2:52 PM	1000 Meter Run	Men
2:59 PM	200 Meter Dash	Women
3:06 PM	200 Meter Dash	Men
3:13 PM	3000 Meter Run	Women
3:28 PM	3000 Meter Run	Men
3:45 PM	4x400 Meter Relay	Mixed