

_				~	
	THURSDAY, MARCH 7, 2024 - MEN				
	TIME	MEN'S FIELD EVENTS	DIVISION	ROUND	
	6:00 PM	Weight Throw	Men	Prelim/Final	

THURSDAY, MARCH 7, 2024 - WOMEN						
TIME	WOMEN'S FIELD EVENTS	DIVISION	ROUND			
8:00 PM	Weight Throw	Women	Prelim/Final			

All times noted are Eastern Time Schedule is subject to change (Updated 2/26/2024)

FRIDAY, MARCH 8, 2024 - MEN						
TIME	MEN'S TRACK EVENTS	DIVISION	ROUND			
4:00 PM	Mile	Men	Semifinal			
4:18 PM	60 Meters	Men	Semifinal			
4:30 PM	400 Meters	Men	Semifinal			
4:50 PM	800 Meters	Men	Semifinal			
5:05 PM	60 Hurdles	Men	Semifinal			
5:20 PM	5000 Meters	Men	Final			
5:40 PM	200 Meters	Men	Semifinal			
6:00 PM	Distance Medley Relay	Men	Final			
TIME	MEN'S FIELD EVENTS	DIVISION	ROUND			
2:00 PM	Pole Vault	Men	Final			
4:00 PM	Long Jump	Men	Prelim/Final			
TIME	MEN'S HEPTATHLON	DIVISION	ROUND			
9:30 AM	60 Meters	Men	Final			
10:30 AM	Long Jump (2 runways)	Men	Final			
11:45 AM	Shot Put (1 circle)	Men	Final			
1:15 PM	High Jump (2 pits)	Men	Final			
	FRIDAY, MARCH 8, 202	4 - WOMEN				
TIME	WOMEN'S TRACK EVENTS	DIVISION	ROUND			
7:00 PM	Mile	Women	Semifinal			
7:18 PM	60 Meters	Women	Semifinal			
7:30 PM	400 Meters	Women	Semifinal			
7:50 PM	800 Meters	Women	Semifinal			
8:05 PM	60 Hurdles	Women	Semifinal			
8:20 PM	5000 Meters	Women	Final			
8:40 PM	200 Meters	Women	Semifinal			
9:00 PM	Distance Medley Relay	Women	Final			
TIME	WOMEN'S FIELD EVENTS	DIVISION	ROUND			
6:00 PM	Pole Vault	Women	Final			
7:00 PM	Long Jump	Women	Prelim/Final			
TIME	WOMEN'S PENTATHLON	DIVISION	ROUND			
9:50 AM	60 Hurdles	Women	Final			
11:00 AM	High Jump (2 pits)	Women	Final			
1:00 PM	Shot Put (1 circle)	Women	Final			
2:15 PM			l			
2:15 PIVI	Long Jump (2 runways)	Women	Final			

SATURDAY, MARCH 9, 2024 - MEN								
MEN'S TRACK EVENTS	DIVISION	ROUND						
Mile	Men	Final						
60 Meters	Men	Final						
400 Meters	Men	Final						
800 Meters	Men	Final						
60 Hurdles	Men	Final						
200 Meters	Men	Final						
3000 Meters	Men	Final						
4x400 Relay	Men	Final						
MEN'S FIELD EVENTS	DIVISION	ROUND						
High Jump	Men	Final						
Shot Put	Men	Prelim/Final						
Triple Jump	Men	Prelim/Final						
MEN'S HEPTATHLON	DIVISION	ROUND						
60 Hurdles	Men	Final						
Pole Vault (1 pit)	Men	Final						
1000 Meters	Men	Final						
SATURDAY, MARCH 9, 2	024 - WOMEN							
WOMEN'S TRACK EVENTS	DIVISION	ROUND						
Mile	Women	Final						
60 Meters	Women	Final						
400 Meters	Women	Final						
800 Meters	Women	Final						
60 Hurdles	Women	Final						
200 Meters	Women	Final						
3000 Meters	Women	Final						
4x400 Relay	Women	Final						
WOMEN'S FIELD EVENTS	DIVISION	ROUND						
High Jump	Women	Final						
Shot Put	Women	Prelim/Final						
Triple Jump	Women	Prelim/Final						
	MEN'S TRACK EVENTS Mile 60 Meters 400 Meters 800 Meters 60 Hurdles 200 Meters 3000 Meters 4x400 Relay MEN'S FIELD EVENTS High Jump Shot Put Triple Jump MEN'S HEPTATHLON 60 Hurdles Pole Vault (1 pit) 1000 Meters SATURDAY, MARCH 9, 2 WOMEN'S TRACK EVENTS Mile 60 Meters 400 Meters 400 Meters 800 Meters 60 Hurdles 200 Meters 4x400 Relay WOMEN'S FIELD EVENTS High Jump Shot Put	MEN'S TRACK EVENTS DIVISION Mile Men 60 Meters Men 400 Meters Men 800 Meters Men 60 Hurdles Men 3000 Meters Men 3000 Meters Men 3000 Meters Men 4x400 Relay Men MEN'S FIELD EVENTS DIVISION High Jump Men MEN'S HEPTATHLON DIVISION 60 Hurdles Men 1000 Meters Men SATURDAY, MARCH 9, 2024 - WOMEN WOMEN'S TRACK EVENTS DIVISION Mile Women 60 Meters Women 400 Meters Women 400 Meters Women 3000 Meters Women 3000 Meters Women 4x400 Relay Women 4x400 Relay Women WOMEN'S FIELD EVENTS DIVISION High Jump MEN'S HEPTATHON DIVISION MILE WOMEN SATURDAY, MARCH 9, 2024 - WOMEN WOMEN'S TRACK EVENTS DIVISION MILE WOMEN 400 Meters Women 4x400 Relay Women WOMEN'S FIELD EVENTS DIVISION High Jump Shot Put						