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KANSAS RELAYS | APRIL 18-20, 2024 | ROCK CHALK PARK | LAWRENCE, KAN.

Final Meet Schedule Thursday, April 18

FIELD EVENTS

TIME	EVENT		GENDER	LOCATION
2:00 p.m.	Hammer Throw		Men	
2:00 p.m.	Pole Vault unseeded		Women	
4:30 p.m.	Hammer Throw		Women	
5:00 p.m.	Pole Vault unseeded		Men	
6:40 p.m.	NATIONAL ANTHEM			

RUNNING EVENTS

7:00 p.m.	800m unseeded		Women	
7:20 p.m.	800m unseeded		Men	
7:40 p.m.	1500m unseeded		Women	
7:50 p.m.	1500m unseeded		Men	
8:10 p.m.	3000 Steeplechase	Final	Women - unseeded	
8:30 p.m.	3000 Steeplechase	Final	Men - unseeded	
8:45 p.m.	5000m	Final	Women	
9:25 p.m.	5000m	Final	Men	
10:00 p.m.	10,000m	Final	Women	
10:45 p.m.	10,000m	Final	Men	

Final Meet Schedule Friday, April 19

FIELD EVENTS

TIME	EVENT		GENDER	LOCATION
10:00 a.m.	Javelin		Girls	Infield
10:00 a.m.	High Jump		Boys	
10:00 a.m.	Shot Put		Girls	Outside Ring
10:00 a.m.	Discus		Boys	Outside Ring
11:00 a.m.	Triple Jump		Boys	
11:00 a.m.	Triple Jump		Girls	
12:00 p.m.	Pole Vault		Boys	
1:00 p.m.	Shot Put		Women	Outside Ring
1:30 p.m.	High Jump		Women	
2:30 p.m.	Discus		Men	Outside Ring
2:30 p.m.	Javelin		Women	Infield
3:00 p.m.	Triple Jump		Women	
3:00 p.m.	Triple Jump		Men	
3:30 p.m.	Pole Vault Elite		Women	

RUNNING EVENTS

9:00 a.m.	4 Mile Relay	Final	Girls	
9:30 a.m.	4 Mile Relay	Final	Boys	
9:55 a.m.	100m Hurdles	Prelims	Girls	West Straight
9:55 a.m.	100m Hurdles	Prelims	Women	East Straight
10:15 a.m.	110m Hurdles	Prelims	Boys	West Straight
10:15 a.m.	110m Hurdles	Prelims	Men	East Straight
	NATIONAL ANTHEM			
10:35 a.m.	100m	Prelims	Girls	East Straight
10:35 a.m.	100m	Prelims	Boys	West Straight
10:55 a.m.	100m	Prelims	Women	East Straight
10:55 a.m.	100m	Prelims	Men	West Straight
11:15 a.m.	4x800m Relay	Final	Women	
11:30 a.m.	4x800m Relay	Final	Men	
11:45 a.m.	400m	Prelims	Girls	
12:05 p.m.	400m	Prelims	Boys	
12:25 p.m.	200m	Prelims	Women	
12:40 p.m.	200m	Prelims	Men	
12:55 p.m.	3200m Run	Final	Girls	
1:10 p.m.	3200m Run	Final	Boys	
1:25 p.m.	400m Hurdles	Prelims	Women	
1:45 p.m.	400m Hurdles	Prelims	Men	
2:05 p.m.	300m Hurdles	Final	Girls	
2:25 p.m.	300m Hurdles	Final	Boys	
2:45 p.m.	Distance Medley Relay	Final	Girls	
3:18 p.m.	Distance Medley Relay	Final	Boys	
3:45 p.m.	Distance Medley Relay	Final	Women	
4:00 p.m.	Distance Medley Relay	Final	Men	
4:20 p.m.	400m Dash	Prelims	Women	
4:35 p.m.	400m Dash	Prelims	Men	
4:50 p.m.	4x100m Relay	Prelims	Girls	
5:10 p.m.	4x100m Relay	Prelims	Boys	
5:25 p.m.	4x100m Relay	Prelims	Women	
5:35 p.m.	4x100m Relay	Prelims	Men	
5:45 p.m.	800m Run	Final	Girls	



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Final Meet Schedule Friday, April 19 Continued ...

6:00 p.m.	800m Run	Final	Boys
6:15 p.m.	2000m Steeplechase	Final	Girls
6:25 p.m.	2000m Steeplechase	Final	Boys
6:40 p.m.	4x400m Relay	Prelims	Men
6:50 p.m.	4x400m Relay	Prelims	Girls
7:40 p.m.	4x400m Relay	Prelims	Boys

Final Meet Schedule Saturday, April 20

FIELD EVENTS

TIME	EVENT	GENDER	LOCATION
9:00 a.m.	Javelin	Boys	
9:00 a.m.	Long Jump	Girls	
9:00 a.m.	Long Jump	Boys	
10:00 a.m.	High Jump	Girls	
10:00 a.m.	Shot Put	Boys	Outside Ring
10:00 a.m.	Discus	Girls	Outside Ring
12:00 p.m.	Pole Vault	Girls	
12:30 p.m.	Javelin	Men	Infield
12:30 p.m.	Long Jump	Women	
12:30 p.m.	Long Jump	Men	
1:00 p.m.	Shot Put	Men	
1:00 p.m.	Discus	Women	
1:30 p.m.	High Jump	Men	
3:30 p.m.	Pole Vault Elite	Men	

RUNNING EVENTS

9:00 a.m.	Sprint Medley Relay	Final	Girls
9:20 a.m.	Sprint Medley Relay	Final	Boys
9:40 a.m.	4x200m Relay	Final	Girls
9:55 a.m.	4x200m Relay	Final	Boys
10:10 a.m.	4x800m Relay	Final	Girls
11:00 a.m.	4x800m Relay	Final	Boys
	NATIONAL ANTHEM		
11:30 a.m.	4x100m Sunflower Showdown	Final	Girls
11:35 a.m.	4x100m Sunflower Showdown	Final	Boys
11:39 a.m.	4x100m Relay	Final	Girls
11:43 a.m.	4x100m Relay	Final	Boys
11:47 a.m.	4x100m Relay	Final	Women
11:51 a.m.	4x100m Relay	Final	Men
11:55 a.m.	1500m	Final	Women
12:02 p.m.	1500m	Final	Men
12:08 p.m.	100m Hurdles	Final	Girls
12:11 p.m.	100m Hurdles	Final	Women
12:17 p.m.	110m Hurdles	Final	Boys
12:22 p.m.	110m Hurdles	Final	Men
12:30 p.m.	400m	Final	Girls
12:33 p.m.	400m	Final	Boys
12:36 p.m.	400m	Final	Women
12:39 p.m.	400m	Final	Men
12:42 p.m.	100m	Final	Girls
12:45 p.m.	100m	Final	Boys
12:48 p.m.	100m	Final	Women
12:51 p.m.	100m	Final	Men
12:54 p.m.	800m	Final	Women
12:59 p.m.	800m	Final	Men
1:06 p.m.	400m Hurdles	Final	Women
1:10 p.m.	400m Hurdles	Final	Men
1:13 p.m.	1600m	Final	Girls
1:50 p.m.	1600m	Final	Boys
2:23 p.m.	200m	Final	Women
2:26 p.m.	200m	Final	Men
	OFFICIALS/VOLUNTEERS RECOGNITION		
3:00 p.m.	3000 Steeplechase	Final	Men
	ROLLING SCHEDULE AFTER THE FIRST SECTION OF THE 4X4 RACES		
3:10 p.m.	4x400m Relay Sunflower Showdown		Girls
	4x400m Relay Sunflower Showdown		Boys
	4x400m Relay	Final	Girls
	4x400m Relay	Final	Boys
	4x400m Relay	Final	Women
	4x400m Relay	Final	Men
	4x400m Relay	Final	Invitational Women
	4x400m Relay	Final	Invitational Men